Worksheet #1

General Medication Procedures

- 8. What system does your facility use to flag the MAR for missed residents?_____

9. The medcart should be ______at all times when unattended.

10. Alcohol-based cleanser may be used to wash hands ______times. Then the nurse must wash with soap and water before resuming the use of the cleanser.

11. The resident must be correctly ______ before administering medications.

12.			ust be used to wash hands during medi 2)	
13.	Nurses must resident's room.	and	for a response before enteri	ng a
14.	"AC" means			
15.	"On empty stomach" mean	S		
16.	"PC" means			
17.	When may medications be	administered in the	dining room?	
18.	What medications may not	be administered in	the dining room?	
19.	and family notified?, are there an	y exceptions to the bas	efusal? (how often can the resident refuse?, v ic policy?)	
20.	Supplements given in less t administering.	han full can amoun	ts must be	before
21.	Spoons and cups must be st	ored	on the med cart.	
22.	Failure to follow manufactu considered a medication	rrer's guidelines in	preparing a medication for administrat	tion is

Worksheet #2

Administration of Tablets, Capsules and Liquids:

1	T 1 .	1	1	.1	C* .	1	
1.	In order to	crush a	medication,	the nurse	first	needs	to determine

2. Name the 4 classes of medications that should not be crushed:

a)	<u>b)</u>	4
c)	d)	2.

- 3. When opening a medication package, the nurse must be careful not to ______ the pills or capsules.
- 4. A wasted or unused medication must be disposed of safely. What is your facility's policy?

- 5. Some medications must be given with food. Other than meals, what food choices does your facility offer?
- 6. Permitting a resident to chew or swallow a medication that is to be given sublingually is consider a medication _____
- 7. Liquids should be poured at ______at assure accuracy of measure.
- 8. If a liquid cannot be measured precisely in the standard medication cup, the nurse could use to following:______
- 9. Excess liquid medication may be poured back into the bottle. (True) (False)
- 10. Volume of measured liquid medication should be read at the ______level of the meniscus.
- 11. Certain medications require dilution with water or juice because they are irritating to the stomach. Failure to do this is considered a ______

Administration of Tablets, Capsules and Liquids (cont):

- 12. Excess medication that may have run down the side of the bottle should be
- 13. Liquid iron may discolor teeth. Best practice is to ______ the medication and administer with a straw if the resident capable.
- 14. Failure to _______ a liquid medication according to manufacturer's guidelines is considered a medication preparation error.
- 15. _____ may interfere with the absorption of other medications. The nurse should check with the consultant pharmacist for contraindications.
- 16. When preparing a crushed medication, the _____ goes in the cup first; then the _____

Worksheet #3

Administration of Eye, Ear, & Nasal Medications:

1.	It is OK to use alcohol-based gel to wash your hands before administering eye drops. (True) (False)
2.	When administering both an eye drop and eye ointment, theshould be administered first.
3.	The resident should be instructed to lookbefore administering an eye drop.
4.	Hands must be washed with and and administering an eye drop.
5.	Position the resident by tilting head
6.	must be worn to administer eye drops.
7.	Describe the procedure for administering eye drops to both eyes when one eye is infected.
8.	Do not let thetouch the eye or eye lashes.
9.	The resident shouldeyes after instillation of eye drops to evenly distribute the medication.
10.	Eye drop containers should bewhen first opened.
11.	When administering multiple eye drop medications, the nurse should wait at least minutes between medications.
12.	If the nurse gives more than the prescribed of drops or instills the drops in the eye it is considered a medication error.
13.	Before instilling the eye medication, the nurse should gently pull down the resident's
14	

14. Eye drops should always be administered in a _____area.

Administration of Eye & Ear Medications (cont):

15.	Resident should be positioned in one of two acceptable ways in order to administered ear (otic) nedications. Describe both positions.
16.	Before instilling otic solutions, the nurse should gently
17.	Allowminutes for the otic solution to penetrate the ear canal.
18.	The nurse mustbefore instilling otic medications.
19.	f the nurse thinks the otic solution may leak out of the ear, he/she may place a
20.	Dtic drops should be stored from other medications.
21.	A resident should be position withto tilt the head back far enough to prevent nasal medication from running down the back of the throat.
22.	The nurse must
23.	To measure the correct amount of nasal medication, the nurse uses the
24.	The nurse shouldthe resident's nose before instilling he nasal drops.
25.	The dropper should be positioned of the nose.
26.	The resident should keep head tilted back forminutes after administration of nasal nedication.
27.	When administering nasal drops do not letthe nostril.
28.	Occlude the opposite nostril when administering
29.	The nurse shouldthe nasal aerosol before administering
30.	A resident should not his nose after receiving nasal spray.

Worksheet #4

Administration of Metered Dose Inhalers (MDIs)

- 1. It is important to first _______the inhaler before administering.
- 2. The resident should have his ______ tilted back and ______ out before using a MDI.
- 3. The use of a ______ can be beneficial when administering a steriodal MDI to an elderly person.
- 5. In order to allow the medication to reach deeply into the lungs, the resident should hold his breath for seconds.
- 6. If the resident receives 2 or puffs of MDI, the nurse should wait minute between puffs.
- 7. The inhaler should be held 1-2 from the resident's mouth.
- 8. If the resident is prescribed more than one inhaler at the same time, allow minutes between inhalers.
- 9. If a resident is receiving a steroid MDI and a bronchodialator MDI, which inhaler should be administered first.
- 10. Name 3 serious side effects of bronchodialator inhalers:
 - a)_____,

b) ______and c)_____

11. Name 3 overdose symptoms of MDI usage: a)

b)_____ and c)

12. Describe your facility's procedure for cleaning and storage of inhalation equipment (MDIs and nebulizers).

13. It is good practice to wear ______ when administering MDIs.

Worksheet #5

Administration of Medication via Feeding Tube:

1. When possible use the ______ form of the medication for TF administration.

2. The feeding must be flushed with the minimum of _____cc's before and after administration.

3. _____ must be worn when delivering medication via feeding tube.

- 4. Best practice procedure is to administer each medication
- 5. What is your facility's procedure for checking placement of a feeding tube?

- 6. Head of the resident's head should be elevated ______ degrees to prevent aspiration.
- 7. Careful attention must be given to the resident's ______ during medication administration via feeding tube.
- 8. It is OK to flush a feeding tube with more than 30cc's of water. When is it not OK?
- 9. The amount of water used for flushing should be carefully ______ and documented on the resident's I&O record.
- 10. Enteric coated drugs may be crushed for feeding tube administration. (True) (False)
- 11. _____ may not be administered on a full stomach. Therefore, (drug)
 residents receiving continuous feeding must have their feeding held _____ minutes before
 giving this drug.
- 12. If it is necessary to crush a medication for administration via feeding tube, the medication should be _________ in a small amount of tap water.

Administration of Medication via Feeding Tube (cont):

- 14. If there are several medications to be administered, it is a good idea to take them to the room on a so as not to spill.
- 16. The nurse must be sure to ________ to the resident before beginning the medication administration.

Worksheet #6

Administration of Medication via Injection:

1. The gauge of needle should be selected according to the ______ of the drug.

- 2. The ______ of the needle should be selected based on the site to be used, the weight and tissue turgor of the resident and the drug to be given.
- 3. The syringe is to be disposed of immediately after administering the drug. Therefore, a ________ container should be taken to the resident's room or be made available on the medcart.
- 4. If daily injections are prescribed for a resident, _____ must be rotated and noted on the MAR.
- 5. When preparing to draw up insulin, the nurse should shake the vial first. (True) (False).
- 6. Common insulin injection sites are: _____
- 7. Sometimes it is necessary to combine two types of insulin in the same syringe. Which type of insulin should drawn up first? ______
- 8. Best practice procedure is to have the insulin in the syringe verified for correctness by
- 9. Heparin injections are given _____

10. The preferred site for an heparin injection is the ______

11. It's OK to message the site of a heparin injection. (True) (False).

- 12. The nurse should aspirate insulin and heparin injections. (True) (False).
- 13. Multi-dose vials should be ______ when opened.

Worksheet #1 <u>ANSWERS</u>

General Medication Procedures

- 1. Right Drug, Right Dose, Right Dose Form, Right Route, Right Time, Right Resident
- 2. 60 minutes
- **3.** When taking the drug from the shelf or drawer, before removing or pouring the drug from the package, and before discarding the package or returning the bottle to the drawer or shelf.
- 4. Never
- 5. May not
- 6. Resident's symptoms; dose, time and route; results or effects of the drug; and the nurse's initials
- 7. The nurse should circle his/her initials next to the medication not received. An explanatory note should be written on the reverse side of the MAR.
- 8. This answer is facility specific
- 9. Locked
- 10. Five
- 11. Identified
- 12. After contact with a resident, when administering eye drops and when administering medications via enteral route.
- 13. knock and wait
- 14. Before meals
- 15. One hour before meals and two hours after.
- 16. After meals
- 17. Only oral medications may be administered in the dining room. The medpass should not interrupt the meal to the point that the resident quits eating. Medication should be delivered discretely.
- 18. All routes except orals.
- 19. This answer is facility specific
- 20. Measured
- 21. Upside down
- 22. Error

Worksheet #2 <u>ANSWERS</u>

Administration of Tablets, Capsules and Liquids:

- 1. If there is a physician's order to crush the medication, then determine if the drug can be crushed.
- 2. Enteric coated, time-released, effervescence, and sublingual
- 3. Touch
- 4. *This answer is facility specific*. However, *ALL* medications should be flushed or disposed of in a secure container. No open trash receptacles.
- 5. *This answer is facility specific.* Common choices are food items from a scheduled meal or cheese and crackers, pudding, peanut butter sandwich, fruit cup or bread and butter. "With food" means something substantial, not just a spoon of applesause.
- 6. Error
- 7. Eye level
- 8. A Baxa cap syringe or needle-less syringe to draw up the exact amount.
- 9. False
- 10. Thumb
- 11. Preparation Error
- 12. Wiped off
- 13. Dilute
- 14. Shake Well
- 15. Antacids
- 16. Applesauce, pudding or jelly......medications.

Worksheet #3 ANSWERS

Administration of Eye, Ear, & Nasal Medications:

- 1. False
- 2. Eye drop
- 3. up
- 4 Soap & water; before and after
- 5. Back and slightly to the side
- 6. Gloves
- 7. Wash hands with soap & water, put on gloves, administer drops in non-infected eye first, then administer to infected eye. If both eyes are infected, change the gloves between administering drops in each eye.
- 8. Tip of the applicator
- 9. Close, not blink
- 10. Dated
- 11. Five
- 12. Number...wrong
- 13. Lower lid
- 14. Private
- 15. Lying down with affected ear facing up OR head tilted to side with affected ear facing up
- 16. Pull the earlobe up and back
- 17. Five
- 18. Wash hands and put on gloves, if the ear is draining.
- 19. Cotton ball
- 20. Separate
- 21. A large pillow
- 22. Wash hands
- 23. Calibrations
- 24. Push up the tip
- 25. Just above the nostril directed toward the midline of the nose.
- 26. Five
- 27. the dropper touch
- 28. Nasal spray
- 29. Shake well
- 30. Blow his nose

Worksheet #4 ANSWERS

Administration of Metered Dose Inhalers (MDIs)

- 1. Shake Well
- 2. Head....breathe
- 3. Spacer
- 4. Three-five seconds
- 5. Ten
- 6. One
- 7. Inches
- 8. Five
- 9. Bronchodialator
- 10. Dizziness, Cyanosis, Wheezing, Flushing, Swelling of Face & Eyes, Rash
- 11., Chest pain, sudden increase or decrease in pulse (continuing, chills, fever, paleness, coldness of skin, convulsions, dizziness, severe headache, muscle cramps (severe), nausea and vomiting (continuing), unusual anxiety, very large dilated pupils
- 12. This is facility-specific
- 13. Gloves

Worksheet #5 <u>ANSWERS</u>

Administration of Medication via Feeding Tube:

- 1. Liquid
- 2. 30[°]cc
- 3. Gloves
- 4. Separately
- 5. This is facility-specific However, ascultation is recommended
- 6. 30
- 7. Privacy
- 8. If the resident has a fluid restriction OR if there is no order for more fluid.
- 9. Measured
- 10. False
- 11. Dilantin...60 minutes
- 12. Diluted
- 13. Standard of practice
- 14. Tray
- 15. Clean
- 16. Explain the procedure
- 17. Wash hands with soap and water

Worksheet #6 <u>ANSWERS</u>

Administration of Medication via Injection:

- 1. Consistency or viscosity
- 2. Length
- 3. Sharps
- 4. Injection site
- 5. False. Roll the vial between the hands.
- 6. Abdomen, thigh and upper arm
- 7. Regular
- 8. Another nurse
- 9. Subcutaneously
- 10. .Abdomen
- 11. False. May cause the site to bruise
- 12. False
- 13. Dated

RR	Inf. Con.	Security	Med Error	Standard	AseT
	X				Washes hands prior to administering eye drops
X					Sloses door when giving G tube meds
				X	repares/supplies cart prior to pass
		X			Medications discarded correctly in secured container OR flushed
-			X		Aedications administered as directed
X					tivacy provided for apical pulses
				X	VS taken prior to giving med
		X			tedcart aiways locked
a - 1973) 		X			fedication & alcohol secured
		-	X		nhaler shaken prior to administration
	X				yringes/needles disposed of in sharps container
				X	esident position at 30 degrees for G tube administration
				X	esident identified prior to giving med
	X	96			Vashes hands between residents
				X	fedications delivered systemically
			X		Aedication given at correct time
				X	iquids poured at eyel
			X		aquids measured exactly in correct cc's
		X			dedication pass not interrupted
				X	RN meds documented after administration
	X				Aedcart clean & organized
			X		Aurse waits 5 min. between types of eyedrops
X					AAR closed when nurse away from cart
	X				luids, applesauce, supplements, etc. labeled, covered & dated
	X				Acds removed from packaging without touching
					Jurse verifies drug, dose strength, freq. & route with order on MAR
				X	ite for daily injections are rotated

	X				Gloves are worn when administering eye drops
	X				Excess liquid medications are not poured back into bottle
				X	Refused medications up downward on MAR
			X		Prescribed supplements measured exactly in cc's
		X			Medications not left at bedside
X					sqorb aka gannatering administering ${f P}$
				X	ssed bam guinb batquistin ion asmV
				X	Resident is identified before administration of medication
Х					Nurse knocks on resident's door before enters
				X	Injectable medication administered correctly
	X				Inside of med voi tou dua band de la conclued.
X					Privacy provided when administering inhalers
				X	AAR flagged for missed residents.
			X		Nurse waits 5 minutes between different types of inhalers.
	X				Hands washed & gloved prior to giving an injection.
				X	Tube flushed w/30ml water before & after weds administered
			X		Liquid medications shaken as directed
			X		Injectable med drawn up correctly.
				X	Controlled substances record signed at time of removal of drug.
			X		Nurse waits I minute between inhaler puffs
				X	Tube checked for placement & patency
			X		Medications crushed correctly
RR	Inf. Con.	Security	Med Error	Standard	AseT

Worksheet #1

General Medication Procedures

- 1. List the "Six Rights":______,
- 2. Medication can be administered minutes before and after the prescribed time.
- 3. The medication label should be read 3 times. List the 3 times:
- 4. Medications should ______be left at the bedside.
- 5. Medications (may)(may not) be pre-poured.
- - b._____ c._____ d.____

- 7. How should the nurse document a medication that was withheld, refused or spit out?
- 8. What system does your facility use to flag the MAR for missed residents?

- 9. The medcart should be ______ at all times when unattended.
- 10. Alcohol-based cleanser may be used to wash hands ______ times. Then the nurse must wash with soap and water before resuming the use of the cleanser.

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12.	Name three instances whe administration: 1)3)		ust be used to wash hands during n 2)	redication
13.	Nurses must resident's room.	and	for a response before en	itering a
14.	"AC" means			
15.	"On empty stomach" mean	ns		
			e dining room?	
18.	What medications may no	ot be administered in	the dining room?	
19,	What is your facility's pol and family notified?, are there a	icy for medication r my exceptions to the ba	efusal? (how often can the resident refusion of the refusion of the resident refusion of the refus	se?, when is the MD
		ہ میں میں اور		
20.	Supplements given in less administering.		its must be	
21.	Spoons and cups must be s	stored	on the med cart.	
22.	Failure to follow manufact considered a medication _		preparing a medication for admini	stration is

Worksheet #2

Administration of Tablets, Capsules and Liquids:

1. In order to crush a medication, the nurse first needs to determine

2. Name the 4 classes of medications that should not be crushed:

a)	<u>b)</u>	
2)		, E
c)	d)	

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- 8. If a liquid cannot be measured precisely in the standard medication cup, the nurse could use to following:
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- 10. Volume of measured liquid medication should be read at the ______level of the meniscus.
- 11. Certain medications require dilution with water or juice because they are irritating to the stomach. Failure to do this is considered a ______